

Disclaimer for the Rainbow Run

1. I understand that participating in the Rainbow Run is a potentially hazardous activity where I will be required to run a set distance and powdered colour will be thrown at me. As it is a physically demanding activity, I understand there is a risk of injury or loss and that the Rainbow Run does not conduct health or fitness checks.
2. I understand that if I have an allergy for corn starch I will not participate in this event.
3. I understand that if I have asthma I will use a bandanas or masks to prevent inhalation of the coloured dust.
4. Whilst the Rainbow Run will take care to make the event as safe as possible, as this is taking place at a location chosen by you, we are unable to assess the safety of your run so you will be participating at your own risk.
5. I agree not to participate unless I am medically and physically able.
6. I assume all risks associated with competing in the Rainbow Run, including, but not limited to:
 - slips, falls, contact with other people taking part,
 - negligent or wanton acts of other participants,
 - the effects of the weather including high heat, cold temperatures, storms and/or humidity.
7. I agree that The Grace Kelly Childhood Cancer Trust is not responsible for any personal items or property that are lost, stolen or damaged as a result of the event.
8. I will seek emergency medical care and transportation if I became injured or unwell as a result of the event.
9. I understand that Colour Powder is rated as Non Toxic/ Non Hazardous. However we recommend the use of eye protection if possible and to flush with water to remove powder from eyes, mouth or nose; mild soap and water recommended for cleaning on skin.
10. I understand during the Rainbow Run I must not smoke or be in possession of any ignitable or ignited substances.
11. We advise that pets do not take part in your Rainbow run due to the colour paint.

